



December Breakfast Menu 2018

Vista Grove Elementary & Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Burrito Diced Pear 100% Fruit Juice Taco Sauce Choice of Milk	4 Lowfat Yogurt Animal Crackers Fresh Apple Wedges 100% Fruit Juice Choice of Milk	5 Fruity Cheerios Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	6 Banana Muffin Cinnamon Toast Crunch Cereal Pineapple Chunks 100% Fruit Juice Choice of Milk	7 Half Day Mini Pancake Fruit Cocktail 100% Fruit Juice Choice of Milk
10 Mini Waffles Diced Peaches 100% Fruit Juice Choice of Milk	11 Mini Strawberry Bagel w/Cream Chees Fresh Apple Wedges 100% Fruit Juice Choice of Milk	12 Trix Cereal Elf Graham Crackers Fresh Orange Wedges 100% Fruit Juice Choice of Milk	13 Cinnaburst Bun Applesauce 100% Fruit Juice Choice of Milk	14 Half Day Sausage & Cheese Muffin Diced Pears 100% Fruit Juice Choice of Milk
17 Mini Pancake Fruit Cocktail 100% Fruit Juice Choice of Milk	18 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	19 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	20 Chocolate Chip Muffin Lucky Charms Cereal Fresh Cantaloupe Wedge 100% Fruit Juice Choice of Milk	21 Half Day Mini French Toast Diced Peaches 100% Fruit Juice Choice of Milk
24 Holiday No School	25 Holiday No School	26 Holiday No School	27 Holiday No School	28 Holiday No School
31 Holiday No School				

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider