



November Breakfast Menu 2018

Vista Grove Elementary & Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Banana Muffin Cinnamon Toast Crunch Cereal Applesauce 100% Fruit Juice Choice of Milk	2 Half Day Mini Pancake Fresh Banana 100% Fruit Juice Choice of Milk
5 Breakfast Burrito Diced Peaches 100% Fruit Juice Taco Sauce Choice of Milk	6 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	7 Trix Cereal Elf Graham Crackers Fresh Orange Wedges 100% Fruit Juice Choice of Milk	8 Cinnaburst Bun Applesauce 100% Fruit Juice Choice of Milk	12 Half Day Sausage & Cheese Muffin Fresh Banana 100% Fruit Juice Choice of Milk
12 Holiday No School	13 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	14 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	15 Chocolate Chip Muffin Lucky Charms Cereal Fresh Cantaloupe Wedge 100% Fruit Juice Choice of Milk	19 Half Day Egg & Cheese Pocket Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
19 Mini Pancake Fruit Cocktail 100% Fruit Juice Choice of Milk	20 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	21 Holiday No School	22 Holiday No School	23 Holiday No School
26 Cini Mini Diced Pears 100% Fruit Juice Choice of Milk	27 Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	28 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	29 Cinnaburst Bun Applesauce 100% Fruit Juice Choice of Milk	30 Breakfast Burrito Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider